<table>
<thead>
<tr>
<th>GRADE LEVEL OUTCOMES</th>
<th>R</th>
<th>D</th>
<th>C</th>
<th>Changed Outcome</th>
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</thead>
<tbody>
<tr>
<td>ACTIVE LIVING</td>
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<tr>
<td>It is expected that the child will</td>
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<tr>
<td>$ understand that movement affects the body in certain ways</td>
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<tr>
<td>$ appreciate that physical activity helps to keep the body fit and healthy and contributes to total well-being</td>
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<tr>
<td>$ identify some physical activities of classmates</td>
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<tr>
<td>$ recognize the need for daily physical education or activity</td>
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<tr>
<td>CONSUMER HEALTH</td>
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<tr>
<td>It is expected that the child will</td>
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<tr>
<td>$ identify some pros and cons of advertising certain food items</td>
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<tr>
<td>$ understand that a variety of media is used for advertising</td>
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<tr>
<td>DENTAL HEALTH</td>
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<td>It is expected that the child will</td>
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<tr>
<td>$ understand the difference between primary and permanent teeth</td>
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<td>$ understand the role of fluoride in dental health</td>
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<tr>
<td>Outcomes</td>
<td>R</td>
<td>D</td>
<td>C</td>
<td>Changed Outcome</td>
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<td>-------------------------------------------------------------------------</td>
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<tr>
<td>$ understand that some children receive fluoride treatments</td>
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<tr>
<td>protect their teeth</td>
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<tr>
<td>$ know that good nutrition is necessary for healthy teeth</td>
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<tr>
<td><strong>DRUG EDUCATION</strong></td>
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<td><strong>It is expected that the child will</strong></td>
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<tr>
<td>$ understand that medicines contain drugs</td>
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<tr>
<td>$ identify dangerous substances around the home</td>
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<tr>
<td>$ know how to respond when offered candy or unknown</td>
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<tr>
<td>substances by other children or adults</td>
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<tr>
<td>$ know when it is safe to accept food or candy from others</td>
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<tr>
<td>$ identify certain situations when children need to take</td>
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<tr>
<td>medication while in school</td>
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<tr>
<td><strong>ENVIRONMENTAL HEALTH</strong></td>
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<td><strong>It is expected that the child will</strong></td>
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<tr>
<td>$ understand that each person has responsibility for making</td>
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<tr>
<td>one’s home a better place to live by keeping it safe, free</td>
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<tr>
<td>from too much noise, clean, neat and attractive</td>
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<tr>
<td>$ know that litter can spoil the environment</td>
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<tr>
<td>$ identify ways to reduce litter</td>
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</tbody>
</table>
### INJURY PREVENTION AND SAFETY

It is expected that the child will

- $ identify some potential fire hazards around the home such as: matches, fireplaces, space heaters, candles
- $ demonstrate the appropriate use of playground equipment
- $ identify places in your community that may be dangerous for play such as: streets, wharves, water, icepans, cliffs
- $ assess personal practices with respect to bicycle, all-terrain vehicles, snowmobiles, or boats
- $ identify safety helpers in the community such as: bus monitors, pedestrian crosswalk monitors, police, volunteer brigades, etc.
- $ understand that some activities may require a parent’s permission

### MENTAL HEALTH

It is expected that the child will

- $ identify personal strengths
- $ understand that having good friends can contribute to your happiness
<table>
<thead>
<tr>
<th>Outcomes</th>
<th>R</th>
<th>D</th>
<th>C</th>
<th>Changed Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ identify some qualities of best friends</td>
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<tr>
<td>$ identify situations in which fear and anxiety may be experienced</td>
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<tr>
<td>$ identify some age-appropriate coping skills</td>
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<tr>
<td>$ identify people in the school who can assist with personal problems</td>
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<tr>
<td>$ understand the need for being responsible</td>
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</table>

**NUTRITION**

*It is expected that the child will*

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</thead>
<tbody>
<tr>
<td>$ develop a plan for a meal including foods from each of the food groups</td>
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<tr>
<td>$ identify different ways of serving the same food</td>
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<tr>
<td>$ develop an awareness of the variety of foods available</td>
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<tr>
<td>$ know that good eating habits contribute to one’s wellness</td>
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<tr>
<td>$ identify community projects which encourage food sharing</td>
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</table>

**PHYSICAL GROWTH AND DEVELOPMENT**

*It is expected that the child will*

<table>
<thead>
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<th>Changed Outcome</th>
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</thead>
<tbody>
<tr>
<td>$ understand that the senses are unique to each person</td>
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</tr>
<tr>
<td>Outcomes</td>
<td>R</td>
<td>D</td>
<td>C</td>
<td>Changed Outcome</td>
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<td>----------</td>
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<tr>
<td>$ identify particular foods or objects using the senses of smell, touch, and taste</td>
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<tr>
<td>$ identify certain sounds and objects using the sense of hearing or seeing</td>
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<tr>
<td>$ understand the function of the brain as it relates to the senses</td>
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</tbody>
</table>

**RELATIONSHIPS**

**It is expected that the child will**

<p>| $ identify behaviors which promote friendship |   |   |   |                 |
| $ identify some qualities of best friends |   |   |   |                 |
| $ understand how to contribute to the happiness of others |   |   |   |                 |
| $ understand the need for being responsible |   |   |   |                 |
| $ know why it is important to practice good sportsmanship |   |   |   |                 |
| $ understand when to use a firm Aο@ |   |   |   |                 |
| $ discuss the importance of positive touch |   |   |   |                 |
| $ describe feelings related to confusing types of touching |   |   |   |                 |
| $ discuss feelings related to uncomfortable situations related to touch |   |   |   |                 |</p>
<table>
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</thead>
<tbody>
<tr>
<td><strong>SELF CARE</strong></td>
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<td><strong>It is expected that the child will</strong></td>
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<tr>
<td>$ know why it is important to protect the eyes</td>
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<tr>
<td>$ know how eye injuries may be prevented</td>
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<tr>
<td>$ know that it is important to go for help when eyes are injured</td>
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<tr>
<td>$ know why it is important to protect the ears</td>
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<tr>
<td>$ know why children have hearing and vision examinations</td>
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<tr>
<td>$ understand that loud noises can damage the ears</td>
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<tr>
<td>$ understand that the common cold can affect the eyes and ears</td>
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<tr>
<td>$ understand the need for protection in the sun and how to protect the body against sunburn</td>
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</tbody>
</table>